

## Arnprior

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MON	<b>7:30 pm</b> D EN &	<b>STEPPING STONES AFG</b> St. John Chrysostom Roman Catholic Church - Church Hall 295 Albert St
TUE	<b>12:15 pm</b> D EN &	<b>BACK TO BASICS</b> Arnprior Public Library 21 Madawaska St

## Aylmer

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THU	<b>1:15 pm</b> D EN	<b>AYLMER HARMONY AFG</b> 67 rue du Couvent, Aylmer, QC J9H5W2 67 Rue du Couvent
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## Carleton Place

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TUE	<b>8:00 pm</b> D EN	<b>ONE DAY AT A TIME AFG</b> Zion Memorial United Church, 37 Franklin St
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## Gatineau

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MON	<b>8:00 pm</b> F D	<b>ESPÉRANCE GFA</b> Église Notre Dame de Lorette 45 Rue Prévost
TUE	<b>7:30 pm</b> F D	<b>AU CRÉPUSCULE GFA</b> Paroisse Ste-Trinité, 400 Rue Raymond
THU	<b>7:30 pm</b> F D	<b>SÉRÉNITÉ GFA</b> Paroisse Ste-Trinité, 400 Rue Raymond

## Kanata

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WED	<b>7:30 pm</b> D EN	<b>NEW BEGINNINGS AFG</b> Kanata United Church, 33 Leacock Dr
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## Kemptville

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<b>8:30 pm</b> D AA EN &	<b>NEW BEGINNINGS AFG</b> St. John's United Church, 400 Prescott St
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## Orleans

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MON	<b>7:30 pm</b> F D	<b>PREMIER PAS GFA</b> Église St-Joseph 2757 St Joseph Blvd
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## Ottawa

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SUN	<b>11:00 am</b> NE AA EN SP	<b>M McNABB OPEN SPEAKER</b> McNabb Community Centre 180 Percy St
MON	<b>7:30 pm</b> D EN	<b>TOGETHER WE CAN MAKE IT AFG</b> St. Anthony Banquet Hall 523 St Anthony St
	<b>8:00 pm</b> NE D EN &	<b>BELLS CORNERS AFG</b> Christ Church 3861 Old Richmond Rd
TUE	<b>10:00 am</b> D EN &	<b>VANIER NEW BEGINNINGS AFG</b> Vanier Library 310 Pères-Blancs Ave
	<b>8:00 pm</b> D EN	<b>PINECREST 12TH STEP AFG</b> Britannia United Church, 985 Pinecrest Rd
WED	<b>12:15 pm</b> D EN	<b>TRADITIONAL AFG</b> St. Andrew's Presbyterian Church, 82 Kent St
	<b>8:00 pm</b> NE D EN &	<b>ROYAL OTTAWA AFG</b> Royal Ottawa Mental Health Center, Rm 1424 1145 Carling Ave
THU	<b>7:30 pm</b> D EN &	<b>NEW LIFE AFG</b> Emmanuel United Church, 691 Smyth Rd
	<b>7:30 pm</b> NE D EN	<b>ORLEANS AFG</b> Orleans United Church, 1111 Orléans Blvd
FRI	<b>9:30 am</b> NE D EN	<b>BEACON HILL AFG</b> St. Gabriel's Church, 55 Appleford St
	<b>Noon</b> EN ST &	<b>12TH STEP DISCOVERY AFG</b> Saint Paul Presbyterian Church, 971 Woodroffe Ave
SAT	<b>10:00 am</b> Y D EN &	<b>ALATEEN FREEDOM TO CHOOSE SERENITY AFG</b> Saint Paul Presbyterian Church, 971 Woodroffe Ave
	<b>10:00 am</b> D EN &	<b>HOW IT WORKS AFG</b> Saint Paul Presbyterian Church, 971 Woodroffe Ave
	<b>7:00 pm</b> D EN &	<b>SATURDAY NIGHT SERENITY</b> Jack Purcell Community Center, Room 101 320 Jack Purcell Ln

## **Renfrew**

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THU **7:30 pm** **NEW BEGINNINGS**  
D EN McKay Manor 196 Argyle St S

### **Winchester**

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TUE **8:30 pm** **PRAYING HANDS AFG**  
D EN United Church Hall, 519 St Lawrence St