


ALATEEN MEETING

FREEDOM TO CHOOSE SERENITY

THURSDAYS 7:30 TO 8:30
BEGINNING MAY11, 2023

EMMANUEL UNITED CHURCH
ENTER BY THE SIDE DOOR OFF THE PARKING LOT, RING THE BELL
TO LET US NOW YOU ARE THERE
691 SMYTH ROAD
OTTAWA
K1G 1N7

YOU ARE NOT ALONE 
ALATEEN IS FOR YOUNG PEOPLE WHO HAVE
BEEN AFFECTED BY SOMEONE ELSE'S
DRINKING.

613-860-3431
alateenottawa@gmail.com
www.al-anon-ottawa.ca

Alanon/Alateen Family Group Headquarters
al-anon.org